



# Collins Dentistry for Children

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## ***TRAUMA INSTRUCTIONS*** ***Avulsion or Luxation Injuries***

1. Keep injured intra-oral tissue clean with warm salt-water rinses (1/4 teaspoon salt to 1 glass water) after all meals for 5 min. each. Extra-oral tissue should be gently cleansed with peroxide and apply antibacterial ointment daily until healed.
2. Tomorrow brush teeth gently with soft toothbrush 2 times a day.
3. A soft diet is advised to avoid more trauma to teeth. Do not use teeth to bite into food for 3-4 weeks (i.e. pizza, apple, meat). Maintaining a well balanced diet promotes healing and subsequent oral health.
4. For pain, take Tylenol or Ibuprofen (i.e. Motrin, Advil) in recommended doses.  
If an antibiotic was prescribed, take as directed until finished.  
If a rinse was prescribed (i.e. Peridex), use as directed.  
**Tetanus booster** should be up-to-date or follow-up with Pediatrician within 24 hrs. for booster.
5. Root canal therapy may be indicated for injured teeth. The injured teeth will continue to be evaluated. Please advise if symptoms are present from teeth or gums: including discoloration, swelling, pain, mobility, or draining fluid (pus) from gums.
6. Additional information: \_\_\_\_\_  
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\_\_\_\_\_
7. Follow-up appointment: \_\_\_\_\_.